BURNOUT IS THE ROOT CAUSE OF

•	LOW PATIENT SATISFACTION
•	SUBSTANDARD QUALITY OF CARE
•	EXCESS MEDICAL ERRORS
•	EXCESS MALPRACTICE RISK
•	POOR PRODUCTIVITY AND PHYSICIAN RESISTANCE TO CHANGE
•	DISRUPTIVE PHYSICIAN BEHAVIOR
•	HIGH PHYSICIAN & STAFF TURNOVER – RECRUITEMENT AND RETENTION ISSUES
•	PHYSICIAN DEPRESSION, DIVORCE AND SUBSTANCE ABUSE AND ADDICTION
•	PHYSICIAN SUICIDE
	AGE DAILY PREVALENCE OF AT LEAST ONE SYMPTOM OF BURNOUT IS %
3 QUE	<u>STIONS:</u>
	What role do you believe the health and wellbeing of your people plays in the QUALITY and QUANTITY of the care they deliver? [circle one] SMALL MEDIUM LARGE MASSIVE
	What proactive measures are you taking to optimize the health and wellbeing of your people?
	What traction are you getting and how can you tell ?
BURNO	OUT IS NOT A PROBLEM it is a
	You address a Dilemma with a
	3 – 5 ACTIONS you must turn into
	Parallel Burnout Prevention Strategies: One for the CANARY, one for the
THE 3	X COMPETITIVE ADVANTAGE OF PHYSICIAN WELLNESS
	Better Care = of Choice to the Patients and the Payors
	Healthier Culture = of choice to the Independent Physicians
	More TRUST = more Nimble, and Profitable than the Competition

[circle your highest concern item on the list]

QUADRUPLE AIM BLUEPRINT	BURNOUT PREVENTION			
1) EDUCATION Live training on Stress, Stress Management, Burnout Prevention Normalize the about s and burnout Show you Incorporate burnout education into your process	EDUCATION CULTURE AND CONNECTION			
2) CULTURE AND CONNECTION				
Have a regular calendar of f	un, family oriented, "Viral" events			
Build to	connections			
3) CRISIS MANAGEMENT				
REACTIVE: 24/7 Physician	Hotline and Physician			
PROACTIVE: The Bad Outcome	delivery team			
4) QUALITY IMPROVEMENT				
Identify a TIGHT Sandi	oox			
Survey your providers about their biggest sour	Survey your providers about their biggest sources of			
Seat a Burnout Prevention (Group (BPWG)			
The stress surveys identify your	List			
Run Pilot Pi	rojects. Disseminate all advances.			
Builds continuous reduction in	nto your quality improvement activities			

THE BURNOUT PREVENTION WORKING GROUP COORDINATES ALL FOUR ACTIVITIES Part of Leadership Structure. Give them a and full admin support Incorporate them into ______ development program Avoid Tree Falls in the Woods. Must practice excellent branding, awareness and communication We Care, We are Listening and We _____ your ____ QUADRUPLE AIM LEADERSHIP Must have visible _____ from all Senior Leaders. Blueprint Activities move at the Speed of _____ _____ on your people. Even better is regular shadow and debrief sessions with providers. Locus of change = your personal Team. Force Multiplier is Quality of your Physician _____ **CULTURE CHANGE** Acknowledges Stress and Burnout Always working projects to lower _____ in the workplace Leadership has my _____ THE 3X COMPETITIVE ADVANTAGE Better Care = PROVIDER OF CHOICE to the Patients and the Payors Healthier Culture = EMPLOYER OF CHOICE to the Independent Physicians More TRUST = MORE NIMBLE, STABLE AND PROFITABLE than the Competition WHAT IS AT STAKE Our success in this effort saves marriages, careers and AND falls straight to the _____ in your organization

4 WAYS WE CAN SUPPORT YOU

1) TRAIN & COACH YOUR WELLNESS CHAMPION(S)

Quadruple Aim Physician Leadership Retreat
ON SALE THIS WEEKEND – \$500 OFF for Everyone
6AM Friday – 6PM Sunday (Pacific time)
DOUBLE YOUR SAVINGS
ADDITIONAL \$500 OFF ON THE CHECKOUT PAGE
DISCOUNT CODE IS
DOUBLEME
(all CAPS, no spaces)

Single Entity Cohort Classes Can Be Arranged Class size up to 20

2) "BURNOUT PREVENTION WORKING GROUP" LAUNCH

- Full-Day Facilitated Strategic Planning & Launch
- In Action on All Four Buckets

One Year Unlimited Coaching Contract for Wellness Champion DYAD

3) COMPLETE YOUR PEOPLE'S MEDICAL EDUCATION

Comprehensive Burnout Proof Education Resources

- For Physicians and All Staff
 - LIVE Training All Day Option
 - Video On Demand Complete Brandable Library
 - Books for Physicians and Nurses

4) PHYSICIAN COACHING

Diverse and Experienced Team of Six Physician Executive Coaches Burnout Treatment and Prevention Practice Optimization Performance Improvement Leadership Development

What did you learn?
What will you now do differently?
When?

FOUR-STEP WELLNESS STRATEGY LAUNCH

- **1) DOWNLOAD** the Quadruple Aim Physician Leadership Retreat (QAPLR) Brochure bit.ly/mdwellness2022
- 2) SAVE \$1000 When You Register THIS WEEKEND with DOUBLEME on the Checkout Page bit.ly/well2022
- 3) BOOK YOUR STRATEGY LAUNCH 2 On-Site Days

All-Day Training for Physicians and All Staff
BPWG Strategic Planning and Launch
In action on all four buckets of the strategy
Lead by your QAPLR Graduate Physician Wellness Champion

4) ACTIVATE the TRIPLE COMPETITIVE ADVANTAGE of a High-Impact Physician Wellness Program

IMPORTANT LINKS:

Complete Overview Brochure of Quadruple Aim Physician Leadership Retreat is at this link: https://bit.ly/mdwellness2022

SAVE UP TO \$1000 on Quadruple Aim Physician Leadership Retreat THIS WEEKEND ONLY
Save \$500 During the EARLY BIRD SALE From 6AM Friday 6/10 to 6PM Sunday 6-12 (Pacific time)
WEBINAR ATTENDEES SAVE an ADDITIONAL \$500 --- Use DISCOUNT CODE AT CHECKOUT
DOUBLEME
(all CAPS, no spaces)

WEBINAR CME Link Is Here

Burnout Proof Webinar 6-9-2022
Building a Corporate Physician Wellness Strategy
The CME experience for this Webinar is powered by CMEfy
- click here to reflect and unlock credits & more:
https://earnc.me/lceopg

Quadruple Aim Physician Leadership Retreat REGISTRATION LINK IS AT THIS LINK: https://bit.ly/well2022

Let's Connect to Discuss Your Situation in Detail

Use THIS LINK to book a Quadruple Aim Blueprint Discovery Call



Dike

Dike Drummond MD CEO, TheHappyMD.com 360-420-2100 (text capable)

support@thehappymd.com

https://TheHappyMD.com